



CATCHING SKILLS CLINIC

Hit and Run Baseball will be holding Catching Clinics every Tuesday evening starting November 14th - December 21st.

Learn the fundamental skills that are needed to make you a successful catcher: receiving, blocking, and throwing. This is a drill specific clinic that will challenge you every minute and make you the best you can be for future success. We will also implement the proper skills for fielding bunts, throwing to bases and the all important pitch selection and developing a position relationship with your pitcher. The catching position is the most under coached area of baseball and we are here to help make you successful.

Each Tuesday in November & December

Ages 14 and Under: 6:00 – 7:00pm

Cost is \$25.00 per Clinic Session.

Clinic is limited to 12 players. Choose the clinic sessions you want to attend and register now using the Sign-up Sheet at the front counter or call us at:

(407) 320-0882.

To play like the Pro's you have to train like the Pro's!

Get a head start and prepare yourself for the upcoming Spring season!